

MDIH PTO: MARKET BASKET FUNDRAISER FROM GROWING POWER INC.

- Monthly delivery to your school of **safe, healthy, affordable** produce
- Enjoy baskets of farm **fresh grown produce ALL WINTER LONG** while benefitting your school!!!
- 4 Types of Market Baskets to choose from:

The Regular Market Basket

(BEST VALUE! LESS THAN 1\$ PER POUND!!)

12-15 varieties (20-25 pounds) of conventional and sustainably grown fruit and vegetables designed to last 2 to 4 people throughout the week.

The Half Basket

Same varieties of produce as the regular, but in smaller quantities.

The Sustainable Market Basket

10-12 varieties (18-22 pounds) of **certified organic and sustainably grown** fruit and vegetables designed to last 2-4 people throughout the week.

The Fruit Basket (no photo available)

Great value and variety of fruit that changes weekly with seasonal availability. Includes organic apples.



FAQ:

WHAT YOU MIGHT EXPECT IN A SINGLE BASKET:

(Please note that the basket changes monthly based on what is currently growing)

- **Farm-to-City Market Basket (regular or half size):**

Onions, white potatoes, sweet potatoes, broccoli, cucumber, lettuce, carrots, mushrooms, celery, 2-4 different varieties of apples, lemons, oranges, bananas, pears and occasionally added-value products such as honey or eggs.

- **Sustainable Basket:**

Onions, red or blue potatoes, sweet potatoes, beets, broccoli, carrots, portabella mushrooms, spinach, salad mix, herbs or micro-greens from our community food center greenhouses, and 2-4 different kinds of apples, lemons, tangerines, bananas, and occasionally added-value products like honey or eggs.

Crops available seasonally:

Fall and Winter:

Apples
Beets
Broccoli
Cabbage
Carrots
Cauliflower
Citrus
Collard Greens
Garlic
Kale
Kohlrabi
Mushrooms
Mustard Greens
Onions
Pears
Potatoes – all colors
Spinach
Squash
Sweet potatoes
Swiss Chard
Turnip Greens

Spring and Summer:

Asparagus
Basil, Cilantro & other fresh herbs
Beans (purple and green)
Beans, shelling
Berries
Cauliflower
Celery
Sweet corn
Cucumbers
Eggplant
Lettuce & Salad mix
Melon
Mustard Greens
Okra
Pea shoots
Peppers, Bell
Peppers, Hot
Summer squash
Sunflower or Radish Sprouts
Tomatoes (Heirlooms, cherries, green and red)
Turnip Greens

WHERE EXACTLY IS THE PRODUCE COMING FROM??

- The majority of the produce found in the Market Basket comes from **Growing Power's Farms in Milwaukee, Merton, and Will Allen's Farm in Oak Creek** (see www.growingpower.org/our_products.htm) and **The Rainbow Farmer's Cooperative**, a collective of small, family farmers (www.growingpower.org/rainbow_farmers_coop.htm)

Market Basket Pricing and Order Form:

Regular Market Basket	\$20
Half Basket	\$12
Sustainable (Organic) Basket	\$30
Fruit Basket	\$20

- **NOTE: Orders are due by noon on the Friday (1 week) prior to delivery**
- **You must pick up your order at the Maple Dale Cafeteria between 3 and 5 pm, or ask someone to pick it up for you. Encourage your friends and neighbors to join in!**
- **Baskets not collected by 5pm will be placed in the Cafeteria refrigerator, until Monday. Thereafter, they will be donated.**
- Please use the form below to let us know which dates you would like to receive a market basket. Please save an unmarked copy of this form for future orders!

I would like to receive Market Baskets as indicated below (check all dates and quantities that apply; you can order month by month or place your order for the year). If you order for the entire year i.e. every month, you will be entitled to a \$5 discount:

	Regular basket (\$20)	Half Basket (\$12)	Sustainable Basket (\$30)	Fruit Basket (\$20)
10/2				
11/6				
12/4				
1/8				
2/5				
3/5				
4/16				
5/7				
6/4				
Full Year Order Discount	-\$5 (Only Offered On Orders For The Full Year)			
Totals:				
Grand Total (all baskets ordered):				

Name: _____

Telephone (daytime): _____

Email address: _____
(for pre-delivery produce forecast)

Total \$ amount of order: _____
(please enclose in an envelope made out to MDIH PTO)

Thank You!!!
The Market Basket Committee

Questions or Comments? Call:
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